

From Service to Song

Words & Music: From Service to Song is a free 2-8 week creative drop in program where your story becomes a song, and your voice takes center stage. For veterans and active-duty members and their families (ages 12 and up).

Each week, you'll attend hands-on workshops led by San Diego Opera Teaching Artists and create your own song from start-to-finish. It all culminates in a performance for the community, family, and friends.

## WEDNESDAY EVENINGS

from 6:00 to 8:00pm

Drop In Dates November 5, 12, and 19 December 3, 10, and 17 January 7, January 14

- No prior musical experience required, just your voice, your story, and a desire to have fun
- An outlet for healing, growth, and joy
- A chance to connect with others who understand military life

## RESOUNDING JOY MUSIC WELLNESS CENTER

11300 Sorrento Valley Rd, Ste 104 San Diego, CA 92121





